

# Robinwood 2024

Information for parents

Friday 7<sup>th</sup> June 2024 - Sunday 9<sup>th</sup> June 2024



# EVERYTHING YOU NEED IS IN THE PACK PROVIDED BUT TONIGHT PLEASE ENSURE:

- ▶ **SOUVENIR FORMS HAVE BEEN HANDED IN AND ITEMS PAID FOR - BY FRIDAY THIS WEEK PLEASE**
- ▶ YOU TAKE A LUGGAGE LABEL
- ▶ TALK TO US ABOUT ANYTHING SPECIFIC EG: MEDICAL NOTES, DIET ETC
- ▶ YOU ASK QUESTIONS IF UNSURE!

# FRIDAY 7<sup>TH</sup> JUNE

- ▶ ARRIVE AT SCHOOL READY 9.00AM
- ▶ PACK ACCORDING TO THE CLOTHING LIST AND KEEP IT LIGHT IF POSSIBLE. NO 'HAND LUGGAGE'
- ▶ **CONSIDER THE WEATHER** - HOT DAY? **SUN CREAM** APPLIED AND ALSO PACKED?
- ▶ MEDICINES HANDED TO STAFF AND LOGGED - TRAVEL PILLS TAKEN OR NEEDED? LABEL ALL MEDICINE AND HAND OVER CLEAR INSTRUCTIONS PLEASE
- ▶ ENSURE YOUR CHILD IS DRESSED, READY FOR THE WALK UP TO THE CASTLE ON ARRIVAL. PLEASE NOTE: **NO 'CROPPED TOPS', 'SHORT' SHORTS - APPROPRIATE WALKING GEAR PLEASE. THE WALK IS APPROXIMATELY A MILE - MILE AND HALF UPHILL.**
- ▶ NO NEED TO STAY BEYOND THIS 'HANDOVER' TIME - WE LEAVE APPROX 9.45AM
- ▶ ON ARRIVAL - UNPACK AND MAKE YOUR BED! **PRACTISE DUVETS NOW!**

# Medicines ....

- ▶ ALL medicines and **inhalers** must be in date and labelled.
- ▶ Please note **we do NOT take 'spare' inhalers** - your child **MUST** have theirs with them on the day of departure.
- ▶ Please take a form tonight (even for **travel pills, anti-histamine** etc) and ensure it is carefully completed.
- ▶ On the day we leave, ensure you bring any medicines, listed on the form, and labelled - needs to be handed into staff.

SUNDAY 9<sup>TH</sup> JUNE

COLLECT AT SCHOOL **2.30PM SHARP** PLEASE

- ▶ PLEASE LEAVE SPACE FOR THE COACH TO PARK AND DROP-OFF
- ▶ ENSURE YOU TAKE MEDICINES AND INHALERS ETC FROM STAFF



# CODE OF CONDUCT

- ▶ WE EXPECT **HIGH STANDARDS OF BEHAVIOUR** - PLEASE **READ THE CODE OF CONDUCT** WITH YOUR CHILD - KEY POINTS:
- ▶ **Code of conduct for children at Robinwood:**
- ▶ 1. Follow instructions.
- ▶ 2. Keep yourselves and everyone else safe.
- ▶ 3. Challenge yourself.
- ▶ 4. Be a good team member.
- ▶ 5. Take responsibility for your own property and jobs.
- ▶ 6. Be helpful to others.
- ▶ 7. Respect other peoples privacy and property.
- ▶ 8. Be a good ambassador for your school.

# SAMPLE ITINERARY



## Programme

### Robinwood North Pennines Three Day Programme

Day 1	Day 2	Day 3
Adventure Activities	Adventure Activities	Adventure Activities
12 noon to 9.00pm	8.30am to 9.00pm	8.30am to 3.00pm
	Breakfast	Breakfast
	Piranha Pool	Orienteering
Arrival 11.30am	Obstacle Course	Stream Walk
Treasure Hunt	Raft Building	Caving
Lunch	Lunch	Lunch
Problem Solving	Zip Wire	Trapeze
Canoeing	Climbing & Abseiling	Departure by 3.30pm
Evening Meal	Evening Meal	
Archery	Team Challenge	
Night Line	Team Challenge	
Hot chocolate & review of the day	Hot chocolate & review of the day	



More than 25 hours of high quality activity sessions packed into a 3 day course. We ensure your group gains the most possible from every moment spent at Robinwood, from wake-up just before 7.00am to lights out (and sleep!) at 10.00pm.





# CLOTHING AND KIT

- ▶ PLEASE READ ALL THE INFORMATION CAREFULLY - IT IS ESSENTIAL
- ▶ NO NEED TO BUY ANY SPECIAL CLOTHING - OLD CLOTHES ARE BEST! **PREPARE FOR DIRTY CLOTHES THAT MAY ALSO GET DAMAGED OR RIPPED, OR DAMAGED IN THE WASHERS/DRYING ROOM. PLEASE DO NOT BRING ANY NEW OR EXPENSIVE ITEMS, OR ANY ITEMS WHICH CANNOT BE TUMBLE DRIED.**
- ▶ PLEASE PACK ACCORDING TO THE LIST PROVIDED - NOTABLY:

**KNEE-LENGTH SHORTS, REGULAR T-SHIRTS (NOT VEST TYPE OR CROPPED) - YOUR CHILD NEEDS SPECIFIC ITEMS ON THE LIST (EG LONG SLEEVE TOPS) OTHERWISE STAFF AT ROBINWOOD WILL ASK THEM TO CHANGE INTO APPROPRIATE CLOTHING FOR THE ACTIVITIES AND THIS WILL CAUSE A DELAY.**

Jeans are not suitable for the activities, as they are cold and restrictive when wet and difficult to dry. Tracksuits or jogging bottoms are ideal, but other trousers would also be fine

- ▶ LABEL EVERYTHING!
- ▶ NO SWEETS /SNACKS / WATER BOTTLES PLEASE - NOT ALLOWED IN DORMS.
- ▶ NO AEROSOLS PLEASE - SMOKE DETECTORS!
- ▶ NO HAND LUGGAGE FOR THE COACH
- ▶ EACH CHILD CARRIES THEIR OWN CASE - **DO NOT OVER-PACK!**

# Children's Menu

## Dobroyd Castle



### Fruit & Snacks

Break time snacks are provided and fruit is always available.

### Dietary & Allergens

There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

A carb count breakdown is available on our schools dashboard.

*Please let us know in advance of any dietary needs.*



### Lunch

Sausage Roll

Crisps

KitKat

Orange Slices

Carrot & Cucumber Sticks

### Dinner

Fish Fingers & Chips

Cheese & Tomato Pizza with Chips

Peas & Sweetcorn

Salad

Chocolate or Strawberry Dessert

Hot Chocolate and a biscuit in the evening



### Breakfast



Sausage

Potato Bites

Beans

Toast

Choice of Cereals

Fruit



### Lunch

Jumbo Hot Dog

Chicken Burger

Sandwich (cheese, ham, tuna or jam)

Doughnut/Crisps

Orange Slices

Carrot & Cucumber Sticks



### Dinner

Chicken Pasta

Tomato Pasta

Baked Potato (with choice of fillings)

Garlic Bread

Salad

Choc Ice or Raspberry Ripple Dessert



Hot Chocolate and a biscuit in the evening

### Breakfast



Sausage

Potato Bites

Beans

Toast

Choice of Cereals

Fruit



### Lunch

Chicken Wrap

Cheese Wrap

Sandwich (cheese, ham, tuna or jam)

Salad

Crisps/Biscuit

Orange Slices

Carrot & Cucumber Sticks



Drinks are provided at meal times and water points can be found across the centre to refill water bottles.



# DEVICES ...

- ▶ NO MOBILE PHONES OR DEVICES AT ALL PLEASE
- ▶ NO EXPENSIVE WATCHES / SMART PHONES / IPODS / GAMES OR GADGETS
- ▶ THIS IS ROBINWOOD'S POLICY AND IS FOR SAFEGUARDING REASONS.

# AT NIGHT..

- ▶ SECURITY IS PARAMOUNT
- ▶ There is always at least one male and one female member of Robinwood staff awake and on duty during the night. Members of staff will be allocated rooms near to the children. The building is always secured overnight.
- ▶ Emergency call button - in every room.
- ▶ ST Mary's Staff also located on each dorm level - usually right next door -so be warned we don't want grumpy teachers due to lack of sleep !
- ▶ Mr Grahame Benson- Chair of the governors will be contacted in the event of an emergency and will follow the school 'Critical Incident Plan' if necessary.

SINCERE THANKS TO YOU FOR COMING ALONG  
TONIGHT.....FOR YOUR WONDERFUL  
CHILDREN .....

...AND TO THE STAFF WHO GIVE THEIR TIME  
TO COME ALONG ON THIS RESIDENTIAL visit.

ANY QUESTIONS?

