| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| --- | --- | --- | --- | --- | --- | --- |
| **Reception** | **Dance**Ourselves | **Games**Playing through Games | **Dance**Dinosaurs | **Games****(Ball skills)**using hands | **Games****Understanding rules**Rules, scoring, basic tactics | **Gymnastics**Moving: exploring movement with body parts |
| **Gymnastics**high/ lowover/under | **Gymnastics**Exploring through walking:Pathways, heights, level and pace | **Gymnastics**Jumping | **Games****(Ball skills)**Using feet | **Dance**Nursery Rhymes | **Games****(Ball skills)**Using racquet, bats and balls |
| **Year 1** | **Games**Leading and turn-taking | **Games****(Ball skills)**Using Hands | **Gymnastics** –Use of different body parts | **Gymnastics** Wide, narrowed, curled | **Games****(Ball skills)**Using racquet, bats and balls | **Athletics**Jumping |
| **Dance**Growing | **Dance**Heroes | **Dance**The Zoo | **Games****(Ball skills)**Using Feet | **Athletics** Health and wellbeing - agility | **Athletics** –Running |
| **Year 2** | **Gymnastics**  Linking | **Gymnastics** Pathways | **Games**Creating Games | **Games****(Ball skills)**Using feet | **Games****(Ball skills)**Using racquet, bats and balls | **Games**Dodging |
| **Games**Attack and Defence  | **Dance**Explorers | **Dance**Mr Candy’s Sweet Factory | **Dance**Water | **Games****(Ball skills)**Using hands | **Athletics** Jumping |
| **Year 3** | **Games**Invasion GamesGame Sense: zoning, spatial awareness(Football)*(combine 2 units)* | **Dance**Witches and Wizards | **Gymnastics**Symmetry and Asymmetry | **Gymnastics**Canon and Unison | **Games**Net and WallTennis | **Athletics**Running and sprinting |
|  | **Swimming** | **Swimming** | **Swimming** | **Swimming** | **Swimming** | **Swimming** |
| **Year 4** | **Games** Invasion GamesNetball | **Dance**Space |  **Dance**Cats | **Games**Invasion GamesFootball | **Games** Striking & fieldingRounders  | **Games** Striking & fieldingCricket |
| **Games**Invasion GamesTag Rugby | **Gymnastics** Bridges | **Gymnastics** Levels and direction | **Games**Tennis | **Athletics**Throwing and Jumping | **Athletics** Throwing and running  |
| **Year 5** | **Outdoor and adventurous** Orienteering | **Gymnastics**Balance and counterbalance | **Gymnastics**Flight | **Games** Invasion GamesFootball | **Athletics** Throwing and Jumping | **Games**Striking and FieldingRounders |
| **Games** Invasion GamesNetball | **Dance**Circus | **Dance**Carnival | **Games** Net and Wall Tennis | **Games** Striking and FieldingCricket  | **Athletics** Running |
| **Year 6** |  **Games** -Invasion Netball |  **Dance**The Greeks | **Dance**Titanic | **Games** Net and Wall Tennis | **Athletics**Competitions | **Athletics** Throwing and Jumping |
| **Games** -Invasion Tag Rugby | **Gymnastics** Sequences | **Gymnastics** Matching and mirroring | **Outdoor and adventurous –** Orienteering | **Games –** Striking and fieldCricket | **Games** Striking & fieldingRounders |