| **Year Group** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| --- | --- | --- | --- | --- | --- | --- |
| **Reception** | **Dance**  Ourselves | **Games**  Playing through Games | **Dance**  Dinosaurs | **Games**  **(Ball skills)**  using hands | **Games**  **Understanding rules**  Rules, scoring, basic tactics | **Gymnastics**  Moving: exploring movement with body parts |
| **Gymnastics**  high/ low  over/under | **Gymnastics**  Exploring through walking:  Pathways, heights, level and pace | **Gymnastics**  Jumping | **Games**  **(Ball skills)**  Using feet | **Dance**  Nursery Rhymes | **Games**  **(Ball skills)**  Using racquet, bats and balls |
| **Year 1** | **Games**  Leading and turn-taking | **Games**  **(Ball skills)**  Using Hands | **Gymnastics** –  Use of different body parts | **Gymnastics**  Wide, narrowed, curled | **Games**  **(Ball skills)**  Using racquet, bats and balls | **Athletics**  Jumping |
| **Dance**  Growing | **Dance**  Heroes | **Dance**  The Zoo | **Games**  **(Ball skills)**  Using Feet | **Athletics**  Health and wellbeing - agility | **Athletics** –  Running |
| **Year 2** | **Gymnastics**  Linking | **Gymnastics**  Pathways | **Games**  Creating Games | **Games**  **(Ball skills)**  Using feet | **Games**  **(Ball skills)**  Using racquet, bats and balls | **Games**  Dodging |
| **Games**  Attack and Defence | **Dance**  Explorers | **Dance**  Mr Candy’s Sweet Factory | **Dance**  Water | **Games**  **(Ball skills)**  Using hands | **Athletics**  Jumping |
| **Year 3** | **Games**  Invasion Games  Game Sense: zoning, spatial awareness  (Football)  *(combine 2 units)* | **Dance**  Witches and Wizards | **Gymnastics**  Symmetry and Asymmetry | **Gymnastics**  Canon and Unison | **Games**  Net and Wall  Tennis | **Athletics**  Running and sprinting |
|  | **Swimming** | **Swimming** | **Swimming** | **Swimming** | **Swimming** | **Swimming** |
| **Year 4** | **Games**  Invasion Games  Netball | **Dance**  Space | **Dance**  Cats | **Games**  Invasion Games  Football | **Games**  Striking & fielding  Rounders | **Games**  Striking & fielding  Cricket |
| **Games**  Invasion Games  Tag Rugby | **Gymnastics**  Bridges | **Gymnastics**  Levels and direction | **Games**  Tennis | **Athletics**  Throwing and Jumping | **Athletics**  Throwing and running |
| **Year 5** | **Outdoor and adventurous**  Orienteering | **Gymnastics**  Balance and counterbalance | **Gymnastics**  Flight | **Games**  Invasion Games  Football | **Athletics**  Throwing and Jumping | **Games**  Striking and Fielding  Rounders |
| **Games**  Invasion Games  Netball | **Dance**  Circus | **Dance**  Carnival | **Games**  Net and Wall  Tennis | **Games**  Striking and Fielding  Cricket | **Athletics**  Running |
| **Year 6** | **Games** -  Invasion  Netball | **Dance**  The Greeks | **Dance**  Titanic | **Games**  Net and Wall  Tennis | **Athletics**  Competitions | **Athletics**  Throwing and Jumping |
| **Games** -  Invasion  Tag Rugby | **Gymnastics**  Sequences | **Gymnastics**  Matching and mirroring | **Outdoor and adventurous –**  Orienteering | **Games –**  Striking and field  Cricket | **Games**  Striking & fielding  Rounders |